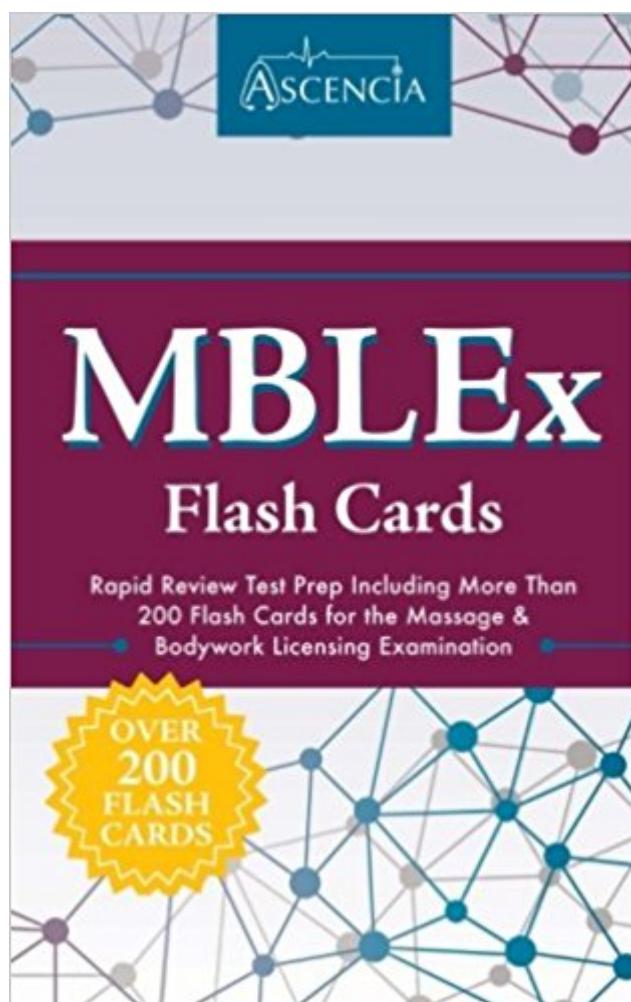


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# **MBLEx Flash Cards: Rapid Review Test Prep Including More Than 200 Flash Cards For The Massage & Bodywork Licensing Examination**



## Synopsis

Ascencia Test Prep's MBLEx Flash Cards: Rapid Review Test Prep Including More Than 200 Flash Cards for the Massage & Bodywork Licensing Examination is a flash card book offering test-takers a full review of the subject matter covered on the MBLEx exam.

Ascencia's MBLEx flashcards cover: The Foundation of Massage State Licensing The History of Swedish Massage Swedish Massage: Skills and Modalities Ethics The Role of Ethics Relationship between Therapist and Client Scope of Practice Professional Communication Professional Practice HIPAA and Confidentiality Client Records Equipment and Supplies The Therapist Growing and Maintaining a Business Anatomy and Physiology The Twelve Human Systems and Their Functions Energy Body The Meridians Kinesiology Pathology and Contraindication Pathology Contraindication Massage and its Benefits The Benefits of Touch Massage Modalities Hydrotherapy (Hot and Cold Therapies) About Ascencia Test Prep With healthcare fields such as nursing, pharmacy, emergency care, and physical therapy becoming the fastest and largest growing industries in the United States, individuals looking to enter the healthcare industry or rise in their field need high quality, reliable resources. Ascencia Test Prep's study guides and test preparation materials are developed by credentialed, industry professionals with years of experience in their respective fields. Every Ascencia book includes a comprehensive overview of the content knowledge that will be tested, along with practice questions for each section to enhance understanding. Full practice tests at the end of every book accurately reflect the exam, helping test takers determine if they are thoroughly prepared. Additionally, all Ascencia study materials offer exclusive tips from healthcare professionals to help readers thrive in their field beyond test day. Ascencia recognizes that healthcare professionals nurture bodies and spirits, and save lives. Ascencia Test Prep's mission is to help healthcare workers grow.

## Book Information

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## Customer Reviews

If you are preparing to become a certified massage therapist; these flash cards will help you learn the terms you need to know. With more than 200 flash cards, you can work through learning the terms. Of course, the definitions sometimes need to be redefined as they contain medical terms. There is a nine-page introduction chapter which contains a chart of what you will find on the test. It also tells you what you need to do after you pass the certification to comply with the state you plan to practice in. If massage therapy is in your future, this book will help you prepare.

These flash cards are full of concepts and terms useful for the massage and body work text exam. There are more than 200 cards that can be cut out and laminated to keep with you as you study at work or home. The information has the latest up to date info that will ensure you pass the exam on the first try. This booklet was given to me to use at my own discretion. Enjoy studying!

These flash cards are a great way to study up for the MBLEx. Cutting them out took no time at all and they made my study sessions much faster. The cards have great information on them, like basic principles and terminology. Going through these cards helped me drill these concepts and I got pretty quick at going through them. This set also contains some basic information about the test, what to expect, etc. There's also an offer for a free DVD if you're interested. This is such a great study tool and I'd definitely recommend it.

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